







Girls on the Run is an afterschool program like no other! Twice per week for 10 weeks, girls will make friends, have fun, increase their physical activity and learn important life skills. Highly trained and caring coaches lead 3rd-5th grade girls through interactive lessons and running activities. The season ends with a girl-led community impact project and a noncompetitive 5K event.

SCHOOL: Anser Charter School

SFASON DATES: 3/2/20 - 5/16/20

MEETING TIMES: M/F 3:15 - 4:30pm

5K DAY: Sat. May 16th, 2020

(UESTIONS? Email: info@gotrtv.org | Call: 208-388-4687

WHAT SHE GETS: • Trained Coaches

- 20 research-based lessons
- Snack Each Meeting
- GOTR T-shirt
- 5k Entry
- Finisher's Medal

(M): Sliding Scale on Family's Income

(\$150, \$110 or \$65)



## **HOW TO REGISTER HER:**

- Registration opens 1/20/20
- Go to www.GOTRTV.org and click REGISTER NOW
- Late fee applies on 3/7/20