

November 2019

Smuckers Uncrustables are offered everyday as an alternative and contain whole wheat bread and no high fructose corn syrup.
 Lunch costs \$2.85. Single milk is 65 cents. Additional slices of pizza are 1.75.
 Single PBJs are 1.25 These items are not covered under approved Free/Reduced lunch applications.
 Every meal includes a fruit option and option of chocolate skim or 1% milk.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Turkey Sub Lettuce and Tomato Whole Wheat Bun Fruit Cup "The Best" Salad Bar	2
3	4 Chicken and Black Bean Nachos Fruit Cup "The Best" Salad Bar	5 Cheese Pizza Roasted Veggies Marinara Dipping Sauce Fresh Fruit Selection "The Best" Salad Bar	6 French Toast Sticks Chicken Sausage Homestyle Potatoes Applesauce "The Best" Salad Bar	7 Nancie's Chicken Soup Whole Grain Biscuit Seasonal Fruit "The Best" Salad Bar	8 Beef Cheeseburger Whole Wheat Bun Lettuce and Tomato Fruit Cup "The Best" Salad Bar	9
10	11 Orange Chicken Cilantro & Green Onion Brown Rice Applesauce "The Best" Salad Bar	12 Cheese Pizza Roasted Veggies Marinara Dipping Sauce Fresh Fruit Selection "The Best" Salad Bar	13 Beef Fajitas Roasted Veggies Whole Wheat tortilla Fresh Fruit Selection "The Best" Salad Bar	14 Tomato Soup Cheese Quesadillas Seasonal Fruit "The Best" Salad Bar	15 Meatball Sandwich Whole Wheat Bun Roasted Veggies "The Best" Salad Bar	16
17	18 Chicken Nuggets Mashed Potatoes Green Beans Sliced Peaches "The Best" Salad Bar	19 Cheese Pizza Roasted Veggies Marinara Dipping Sauce Fresh Fruit Selection "The Best" Salad Bar	20 Buttermilk Pancakes Scrambled Eggs Potatoes Fresh Fruit "The Best" Salad Bar	21 Chicken Pesto Whole Grain Pasta Sliced Peaches "The Best" Salad Bar	22 Turkey Sub Lettuce and Tomato Whole Wheat Bun Fruit Cup "The Best" Salad Bar	23
24	25 No School	26 No School	27 No School	28 No School	29 No School	30

Menu is subject to change.

"This institution is an equal opportunity provider."