

September 2019

Peanut butter and jelly sandwiches are offered everyday as an alternative and contain whole wheat bread and no high fructose corn syrup.
 Lunch costs \$2.85. Single milk is 65 cents. Additional slices of pizza are 1.75.
 Single PBJs are 1.25 These items are not covered under approved Free/Reduced lunch applications.
 Every meal includes a fruit option and option of chocolate skim or 1% milk.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3 Cheese Pizza Roasted Veggies Marinara Dipping Sauce Fresh Fruit Selection "The Best" Salad Bar	4 French Toast Sticks Chicken Sausage Homestyle Potatoes Fresh Fruit "The Best" Salad Bar	5 Tomato Soup Cheese Quesadillas Seasonal Fruit "The Best" Salad Bar	6 Beef Hamburger Whole Grain Bun Tater Tots Applesauce "The Best" Salad Bar	7
8	9 Orange Chicken Cilantro & Green Onion Brown Rice Applesauce "The Best" Salad Bar	10 Cheese Pizza Roasted Veggies Marinara Dipping Sauce Fresh Fruit Selection "The Best" Salad Bar	11 Beef Fajitas Roasted Veggies Fresh Fruit Selection "The Best" Salad Bar	12 Chicken Pesto Whole Grain Pasta Sliced Peaches "The Best" Salad Bar	13 Turkey Sub Lettuce and Tomato Whole Wheat Bun Fruit Cup "The Best" Salad Bar	14
15	16 Chicken Nuggets Mashed Potatoes Applesauce "The Best" Salad Bar	17 Cheese Pizza Roasted Veggies Marinara Dipping Sauce Fresh Fruit Selection "The Best" Salad Bar	18 Buttermilk Pancakes Scrambled Eggs Yogurt Fresh Fruit "The Best" Salad Bar	19 Beef & Chicken Meatballs Marinara Sauce Whole Grain Pasta Sliced Peaches "The Best" Salad Bar	20 Crispy Chicken Sandwich Lettuce and Tomato Whole Wheat Bun Seasonal Fruit "The Best" Salad Bar	21
22	23 Chicken and Black Bean Nachos Fruit Cup "The Best" Salad Bar	24 Cheese Pizza Roasted Veggies Marinara Dipping Sauce Fresh Fruit Selection "The Best" Salad Bar	25 French Toast Sticks Chicken Sausage Homestyle Potatoes Fresh Fruit "The Best" Salad Bar	26 Tomato Soup Cheese Quesadillas Seasonal Fruit "The Best" Salad Bar	27 Beef Hamburger Whole Grain Bun Tater Tots Applesauce "The Best" Salad Bar	28
29	30 Orange Chicken Cilantro & Green Onion Brown Rice Applesauce "The Best" Salad Ba					

Menu is subject to change.

"This institution is an equal opportunity provider."