

Anser Charter School Wellness Policy Implementation and Monitoring Plan

Requirement	Implementation Strategy	Comments	Person/ Team responsible	Date Due	Date Implemented	Monitoring Plan	Policy Compliance? If no, Action Plan to correct	Eval. Date
Public Involvement Collaborative community team to develop, implement and review policy	Build a team including: parents, teachers, physical education instructors, school health professionals, and administration, and community members	The Food Services Director and Physical Education Teacher queried students, staff, parents regarding the school lunch program.	Jessie Deason	5/1/18	4/15/18		<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	5/1/18
Nutrition Guidelines Standards for all food available on school campus								
<input checked="" type="checkbox"/>	School meals for Breakfast and Lunch	All school lunches meet requirements. Breakfast is not served.					<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
<input type="checkbox"/>	Smart Snacks	Snacks are not sold at school.				NA	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<input checked="" type="checkbox"/>	Free water available during lunchtime	Water fountain in the gym.					<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
<input checked="" type="checkbox"/>	Competitive foods (<i>a la carte, vending, stores</i>)	A la Carte offering of pizza slice or milk are in compliance with nutritional standards.					<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
<input checked="" type="checkbox"/>	Classroom/school celebrations	Although we are in compliance in this area, more work could be done to encourage families to bring healthy birthday snacks.				Raise this issue with Family Council to see if they can support this communication.	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
<input checked="" type="checkbox"/>	Using non-food rewards	Food rewards are limited.					<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
<input checked="" type="checkbox"/>	Healthy fundraisers	Only one food sales per semester is allowed, after school in order to avoid lunch competition.					<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
<input checked="" type="checkbox"/>	Providing sufficient lunch times	Students are provided 45 minutes for lunch.				Changes were made to the lunch line to reduce wait times.	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	

Anser Charter School Wellness Policy Implementation and Monitoring Plan

Nutrition Education Goals for nutrition education								
<input checked="" type="checkbox"/>	Classroom –based (incorporated into curriculum, cooking classes)	Cooking and nutrition are incorporated through CBC, Electives and PE.						<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<input checked="" type="checkbox"/>	Cafeteria interventions (Myplate information, “Eat the colors of the rainbow” themes)	Myplate signage is present in the cafeteria.						<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<input checked="" type="checkbox"/>	Foodservice staff education (<i>scratch cooking, healthy meals</i>)	Many meals are made from scratch, fresh vegetables are rotated and offered regularly. Chef continues to receive training.					Chef and Food Services Director will work to develop 4 new menu items together.	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<input checked="" type="checkbox"/>	Staff training (Continuing education on Nutrition)							<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<input checked="" type="checkbox"/>	Home and community (Sending information home, community education- Nutrition /Physical Activity nights)	Vegetable sampling is offered and will be continued.						<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Nutrition Promotion Changing the school environment to support healthy eating. Goals for nutrition promotion.								
<input type="checkbox"/>	Become a Healthier US School							<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/>	Become a Team Nutrition School							<input type="checkbox"/> Yes <input type="checkbox"/> No
<input checked="" type="checkbox"/>	Cafeteria ambiance/education	The lunch staff has reduced wait times and is now looking at ways to incorporate student helpers					More sustainable cutlery was researched. The cost increase is substantial.	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

Anser Charter School Wellness Policy Implementation and Monitoring Plan

		in keeping the cafeteria clean during lunch service.				The budget is being reviewed and possible ways to recycle the plastic are also being considered.	
<input type="checkbox"/>	Apply USDA Fresh Fruit and Vegetable program						<input type="checkbox"/> Yes <input type="checkbox"/> No
<input checked="" type="checkbox"/>	School garden	A school garden exists, but no food from it is used in lunches.				Food Services Director will research rules for possibly using food from the school garden in the future.	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<input checked="" type="checkbox"/>	Community meal events	JH held a soup night for families in April.				Meet with Family Council to determine if they would support additional opportunities for community meals.	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/>	Wellness newsletters						<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/>	Health Fair						<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/>	Staff modeling healthy eating						<input type="checkbox"/> Yes <input type="checkbox"/> No
	Physical Activity Goals for physical activity for all students.						
<input checked="" type="checkbox"/>	Minutes/day or week	All Students are offered at least 45 minutes of PE each week and 30 minutes of play each day.				Look for ways to incorporate more facilitated play and play time for students K-3.	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<input checked="" type="checkbox"/>	Curriculum	PE Classes focus on developing healthy lifestyles.					<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

Anser Charter School Wellness Policy Implementation and Monitoring Plan

<input checked="" type="checkbox"/>	Fitness testing/Fitness Gram	PE classes include running the mile and fitness testing.					<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<input checked="" type="checkbox"/>	Recess time	Minimum requirements are met.				Look for ways to increase recess time and less overlap of recess time across grade levels.	
<input checked="" type="checkbox"/>	Physical activity breaks in classes	Some classes are incorporating these practices.				Look into training for teachers on how to best incorporate these breaks.	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/>	Recess before lunch						<input type="checkbox"/> Yes <input type="checkbox"/> No
<input checked="" type="checkbox"/>	Access to school facilities	The school playground is accessible at all times throughout the year.					<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<input checked="" type="checkbox"/>	Safe Routes to school						<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/>	Walk-a-thon/clubs						<input type="checkbox"/> Yes <input type="checkbox"/> No
Public Notification Dissemination of information on the policy to the stakeholders	Inform and update public about content, implementation, and compliance						<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<input checked="" type="checkbox"/>	Website, handbook, or newsletter	The menu and policy are posted on the Anser website.					<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<input checked="" type="checkbox"/>	Report to school board	WP Implementation plan to be shared at the 6/12/18 meeting.					<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Implementation and Monitoring Plan to evaluate policy components	Extent LEA is in compliance with policy	There are no areas where the school is not in compliance with the Anser Wellness Policy.					<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

Anser Charter School Wellness Policy Implementation and Monitoring Plan

	Extent to which policy compares to model policies	Anser's policy is aligned with the requirements of the NSLP.					<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
	Description of the progress						<input type="checkbox"/> Yes <input type="checkbox"/> No	
Designee	Identify a designee to ensure compliance	Food Services Director					<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	